



# Lenten Studies 2019

Lent is a time to reflect, refresh and renew – to take stock and reacquaint ourselves with God. It can be a time to journey and to undertake a pilgrimage – spiritually, physically or both.

These resources are suggested for use within different understandings in the Uniting Church. Individuals and groups are encouraged to follow the links to further investigate whether the studies meet their needs.

Some resources are available in print, some as PDFs and one as an app. Some follow the Revised Common Lectionary for Year C Lent, others are more general – if the resource is specifically Year C, this is noted beside it.

**Available from CTM Resourcing. Contact (03) 9340 8800 or [info@ctm.uca.edu.au](mailto:info@ctm.uca.edu.au)**

## Australian authors

- Rob Bos, *Led by the Spirit* – simple to use and inspirational Year C ([click here](#) for a sample) ([click here](#) for information)
  - Sharonne Price, *All will be Well* – focus on spiritual growth and our relationship with God ([click here](#) for information)
  - Ian Price, *Refreshed by Grace* – a study that focuses on the heart of God ([click here](#) for a sample) ([click here](#) for information)
  - Philip Garnder, *Beholding the Cross: Six Studies on the Meaning of the Cross in our Time* – a scholarly and accessible study for people at all phases of their faith journey ([click here](#) for information)
  - Lyn Bray with Jennifer Hughes, *Grace and Gratitude* – focus on the nature of grace and gratitude ([click here](#) for information)
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- Max Vincent, *Because of this I Rejoice: Reading Philippians During Lent* – focuses on spiritual practices as a way of growing in God ([click here](#) for information)
  - Rowan Williams, *Meeting God in Paul: Reflections for the Season of Lent* – good for beginners and those who have read Paul many times ([click here](#) for information)
  - Magrey deVega, *Embracing the Uncertain: A Lenten Study for Unsteady Times* – for those who can wrestle and sit with uncertainty ([click here](#) for information)
  - Adam Hamilton, *Creed: What Christians Believe and Why* – part of a 6-week church-wide program that includes other resources – moves beyond the simple answers ([click here](#) for information)
  - Marjorie J Thompson, *Forgiveness: A Lenten Study* – examines our ability to forgive and our need for forgiveness ([click here](#) for information)
  - NT Wright, *Lent for Everyone: Luke, Year C* – reads through all Luke and accompanying Psalms for each Sunday of Lent – from a popular biblical scholar ([click here](#) for information)
  - [www.ctmresourcing.org.au/2019-lenten-resource](http://www.ctmresourcing.org.au/2019-lenten-resource) - the 2019 Lenten Resource produced by the eLM Unit of the VicTas Synod – intergenerational resource can be used for individual or group study



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## Recommended titles from UCA sources:

- Lent Event 2019 – Uniting World – new website to come in 2019 – can be found from [www.lentevent.com](http://www.lentevent.com)
- A series of small group resources that can be used at various times of the year, including Lent.  
[www.ucaqld.com.au/about-us/ministry-resources/faith-resources](http://www.ucaqld.com.au/about-us/ministry-resources/faith-resources)

## Other recommended titles from Ecumenical sources:

- Anglican Board of Mission, Australia – Into the Desert. [www.intothedesert.org](http://www.intothedesert.org) print books (may be still available), App for Google Play and iPhone (still available) – Year C (produced for 2016)
- Rowan Williams, Being Disciples: Essentials of the Christian Life. [www.eerdmans.com/Products/7432/being-disciples.aspx](http://www.eerdmans.com/Products/7432/being-disciples.aspx) - available also as an audio book and on Kindle, nominated for the Man Booker Prize, suitable for Christians at all stages of their journey
- Richard Rohr, Wondrous Encounters: Scripture for Lent – available also as an audio book, on Kindle, and on audio CD. [www.goodreads.com/book/show/9729460-wondrous-encounters](http://www.goodreads.com/book/show/9729460-wondrous-encounters) - Catholic Franciscan priest – well known in spiritual development circles worldwide – focusing on transformation
- J David Muyskens – Sacred Breath: Forty Days of Centering Prayer. [www.koorong.com/search/product/sacred-breath-j-david-muyskens/9780835810319.jhtml](http://www.koorong.com/search/product/sacred-breath-j-david-muyskens/9780835810319.jhtml)
- Marcus J Borg and John Dominic Crossan, The Last Week: What the Gospels Really Teach About Jesus' Final Days in Jerusalem. [www.harpercollins.com/9780060872601/the-last-week](http://www.harpercollins.com/9780060872601/the-last-week) - a day-by-day presentation of the final week of Jesus' life
- John Dominic Crossan and Sarah Crossan, Resurrecting Easter: How the West Lost and the East Kept the Original Easter Vision. [www.harpercollins.com.au/9780062434180/resurrecting-easter](http://www.harpercollins.com.au/9780062434180/resurrecting-easter) - a challenging account through image

## From The Upper Room Bookstore (United Methodists, USA)

- Sarah Parsons, A Clearing Season (EPub). <https://bookstore.upperroom.org/Products/B1261/a-clearing-season.aspx> - also available in print and Kindle – focusing on spiritual renewal and the positive opportunity found in moving from wilderness to holy ground
- Pamela C Hawkins, The Awkward Season: Prayers for Lent. <https://bookstore.upperroom.org/Products/9997/the-awkward-season.aspx> - a road map for companioning with others and God through the Lenten season
- John Indermark, Parables and Passion: Jesus' Stories for the Days of Lent. <https://bookstore.upperroom.org/Products/1005/parables-and-passion.aspx> – focusing on the ordinary moments and people in our lives
- John Indermark, Worship in Light of the Cross: Meditations for Lent (Kindle). <https://bookstore.upperroom.org/Products/B1574/worship-in-light-of-the-cross.aspx> - also available in print and Kindle – focusing on connecting corporate worship with daily life



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## From Garratt Publishing (Catholic Bookstore)

- Michael McGirr, All I Have is Yours: Forty Days to Freedom, Garratt Lenten Program Year C. [www.garrattpublishing.com.au/product/9781925073881](http://www.garrattpublishing.com.au/product/9781925073881) - Australian author – following the Roman Catholic Year C Lectionary and Catholic in its outlook (some terminology), but worth considering for personal growth and challenging conversation
- Walter Brueggemann, A Way Other than Our Own: Devotions for Lent. [www.garrattpublishing.com.au/product/9780664261696](http://www.garrattpublishing.com.au/product/9780664261696) - could be used for individual study and group discussion
- Margaret Silf – Born to Fly: Butterflies in Waiting. [www.garrattpublishing.com.au/product/9780232533316](http://www.garrattpublishing.com.au/product/9780232533316) (Margaret Silf is well known in the spiritual direction community world-wide)

## For those looking for creative inspiration:

- Jonathan Meyer, Another Story Must Begin – Lent Course: A Lent Course based on Les Misérables. [www.garrattpublishing.com.au/product/9780232530278](http://www.garrattpublishing.com.au/product/9780232530278)
- Hilary Brand, Finding a Voice: A Lent Course based on The King's Speech. [www.garrattpublishing.com.au/product/9780232528930](http://www.garrattpublishing.com.au/product/9780232528930)
- Hilary Brand, Christ and the Chocolaterie: A Lent Course based on Chocolat. [www.garrattpublishing.com.au/product/9780232524574](http://www.garrattpublishing.com.au/product/9780232524574)
- Hilary Brand, Not a Tame Lion: A Lent Course Based on the Writings of CS Lewis. [www.garrattpublishing.com.au/product/9780232527001](http://www.garrattpublishing.com.au/product/9780232527001)
- Hilary Brand, Mystery of Everything: A Lent Course based on The Theory of Everything. [www.garrattpublishing.com.au/product/9780232532081](http://www.garrattpublishing.com.au/product/9780232532081)
- Sr Wendy Beckett, Art of Lent: A Painting a Day From Ash Wednesday to Easter. [www.garrattpublishing.com.au/product/9780281078554](http://www.garrattpublishing.com.au/product/9780281078554)

## Also for the creative:

- Arts & Faith: Lent. [www.loyolapress.com/our-catholic-faith/liturgical-year/lent/arts-and-faith-for-lent](http://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/arts-and-faith-for-lent) – produced by the American Jesuits – based on the Roman Catholic Lectionary

## From Morning Star Publishing (independent Australian publisher):

- Martin Thornton – A Joyful Heart: Meditations for Lent. [www.morningstarpublishing.net.au/product/a-joyful-heart](http://www.morningstarpublishing.net.au/product/a-joyful-heart)
- Donna E. Schaper – Calmly Plotting the Resurrection. [www.morningstarpublishing.net.au/product/calmly-plotting-the-resurrection](http://www.morningstarpublishing.net.au/product/calmly-plotting-the-resurrection)
- Mitch Finley – Season of New Beginnings. [www.morningstarpublishing.net.au/product/season-of-new-beginnings](http://www.morningstarpublishing.net.au/product/season-of-new-beginnings) (more a day-by-day but could be used creatively in a group study)

## From Churches Together in Britain and Ireland:

- Lent Course 2019 – PDF download. [www.ctbi.org.uk/lent](http://www.ctbi.org.uk/lent) - focusing on the mystery of God – full of stories, readings, things to do and places to go – lots for individuals and groups
- Lent Pilgrimage (2016). [www.lentpilgrimage.org.uk](http://www.lentpilgrimage.org.uk) - containing a number of resources



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## From Brisbane Catholic Diocese:

- Compassion - Lenten Program – available as a book, DVD/CD.  
[www.evangelisationbrisbane.org.au/resources/lenten-program](http://www.evangelisationbrisbane.org.au/resources/lenten-program)

## From the World Council of Churches:

- Cries of Anguish, Stories of Hope – focusing on violence against women, written in 2010 with stories from across the world. [www.overcomingviolence.org/en/resources-dov/campaigns/40-days-to-end-violence-against-women.html](http://www.overcomingviolence.org/en/resources-dov/campaigns/40-days-to-end-violence-against-women.html) - contains a multitude of resources
- Pilgrimage Bible studies – part of the Pilgrimage of Justice and Peace, 2018. [www.oikoumene.org/en/press-centre/news/pilgrimage-bible-studies-are-a-knapsack-for-the-journey-of-faith](http://www.oikoumene.org/en/press-centre/news/pilgrimage-bible-studies-are-a-knapsack-for-the-journey-of-faith) - Lent is often thought of as a pilgrimage – this can be undertaken as a type of spiritual discipline

## From the South Australian Council of Churches - [www.sacc.asn.au/en/index.php?rubric=en\\_resources](http://www.sacc.asn.au/en/index.php?rubric=en_resources):

- A Lenten Pilgrimage to the Heart: may we be always ready to give up what we cannot keep in order to gain what we cannot lose – from 2018 – again on the theme of pilgrimage – using prayer, icons, art, sharing, ecumenical reflection
- Return to God: divine grace and human struggle – from 2016 – using prayer, icons, art, sharing, ecumenical reflection

## From the Iona Community, Scotland/Wild Goose Resourcing:

- Thom M Shuman – Lenten and Easter Nudges – (PDF download).  
[www.ionabooks.com/lenten-and-easter-nudges.html](http://www.ionabooks.com/lenten-and-easter-nudges.html) (more a day-by-day but could be used creatively in a group study)
- Thom M Shuman – A Lenten and Easter Cycle (PDF download).  
[www.ionabooks.com/a-lenten-and-easter-cycle-pdf-download.html](http://www.ionabooks.com/a-lenten-and-easter-cycle-pdf-download.html)
- Rosemary Power – Lenten Reflections (PDF download).  
[www.ionabooks.com/lenten-reflections-pdf-download.html](http://www.ionabooks.com/lenten-reflections-pdf-download.html)

